

# Curriculum Vitae

**Dr Mervin André van der Spuy** (B.Sc. Pharmacy, D.Th. PT-Counselling)

*Counsellor-Educator (Present)*

*~ Retired Psychopharmacologist & Professor of Counselling Psychology*

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<https://www.facebook.com/DrMervin>

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## Biographical Details

Born in Johannesburg, South Africa, on December 23, 1950

Canadian Citizenship May 2008

Married to Hildegard (youngest daughter of Rev and Mrs Dave & Ann Fourie) on January 27, 1973

We have two children, Mervin-Dave (Jun 26, 1976), and Lindie (Oct 16, 1978)

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## Career Objectives

I am an experienced counselling-psychology educator, professional counselling therapist, pharmacist, and psychopharmacologist (psychotherapist specializing in medication related counselling). As professor of counselling psychology in Canada (2001-2010), I was actively involved in the training of masters-level counsellors/therapists, and I specialized in psychopharmacology. I offered professional counselling therapy for individuals, couples and families - specializing in helping people with medication related counselling issues.

***My current career objective is to serve as a counsellor-educator specializing in online education.***

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## Career Focus (area of interest)

Counsellor Education

Mental Healthcare, Psychopharmacology, Counselling Psychology Education/Training,  
Management/Administration of Mental Health Care/Counselling Program/Agency.

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## Education History

<i>School Name</i>	<b>University of South Africa</b>	<b>North-West University</b>
<i>School Type</i>	University	University
<i>Country</i>	South Africa	South Africa
<i>Graduation Date</i>	Apr 1993	Apr 1973
<i>Program</i>	DTh (Practical Theology) Counselling	BSc Pharmacy
<i>Education Level</i>	Doctorate	Bachelors (Including Honours)

<i>School Name</i>	<b>University of South Africa</b>	<b>University of South Africa</b>
<i>School Type</i>	University	University
<i>Country</i>	South Africa	South Africa
<i>Graduation Date</i>	1986	1983
<i>Program</i>	MTh Pastoral Care (Practical Theology) ( <i>cum laude</i> )	BTh Honours in Pastoral Psychology (Practical Theology)
<i>Education Level</i>	Masters	Bachelors (Including Honours)

<i>Additional Applicable Training:</i>		
1983	Psychology I, II, and III	University of South Africa
1983 – 1988	Completed numerous specialised chaplaincy courses in counselling	SADF College
1986	Advanced Course in Educational Technology	SADF College

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## Employment History

<i>Company</i>	<b>SA Theological Seminary</b>	<b>Paraklesis Counselling</b>	<b>Providence University</b>
<i>Province/State</i>	Gauteng	Manitoba & Alberta	Manitoba
<i>Country</i>	South Africa & Online	Canada	Canada
<i>Start Date</i>	Jan 2001	Dec 2010	Jan 2002
<i>End Date</i>	Present	Jun 2018	Dec 2010
<i>Job Title</i>	Senior Lecturer, Counselling Program coordinator	Psychopharmacologist - Counselling Therapist	Professor of Counselling Psychology Department Chair
<i>Job Description</i>	Coordinating & managing Counselling Program. Higher Certificate in Christian Counselling & Professional Tract culminating in a Masters; Program curriculum and course development; Presentation and facilitation of online undergraduate and graduate counselling psychology courses. Masters and Doctoral thesis supervisor/ advisor.	Paraklesis Counselling offered professional counselling therapy for individuals, couples and families, specializing in helping people with medication related counselling issues. Online e-counselling (e-mail, chat & video)	Curriculum & course development, Teaching, training, and clinical supervision of student- counsellors/ therapist in the Masters of Counselling Psychology program.  Chaired the Counselling Department (2006 to 2008)  Doctoral thesis supervisor/ advisor.
<i>Company</i>	<b>Sandton Square Pharmacy</b>	<b>Rand Academic University &amp; Seminary</b>	<b>Defence Force</b>
<i>Country</i>	South Africa	South Africa	South Africa
<i>Start Date</i>	Jan 1992	Jan 1992	Jan 1982
<i>End Date</i>	Dec 2001	Dec 1997	Dec 1991
<i>Job Title</i>	Pharmacist (Locum)	Lecturer	Liaison Chaplain
<i>Job Description</i>	Community Pharmacy Dispensing; Customer Care and Consultations; Procurement, storage, inventory management, recording, preparing, dispensing, packaging, labelling, pricing, issuing and distribution of pharmaceuticals.	Educator - Undergraduate and graduate lecturer in Pastoral Care and Community Counselling.  Advisor and Supervisor of Honours and Masters Students.	Managerial and administrative position in overseeing group of chaplains.  Full member of the healthcare team - providing for the pastoral care and counselling needs of soldiers, patients, and families. Active duty.

## Professional Designations / Certifications

Professional Member Canadian Counselling and Psychotherapy Association (#8591) (2012-2013)

Member of Board of Directors (2012-2013) CCPA - Alberta/NWT Region

Member Canadian Psychological Association (# 31984) (2011-2013)

Member Christian Association for Psychological Studies (# 8435) (2002-2013)

Registered South African Pharmacist (SAPC 5302)(Retired)

## Skills

<i>Skill</i>	<i>Years</i>
Counselling Psychology Teaching/Training	20 and more
Counselling Psychology Therapy	20 and more
Clinical Supervision	15 and more
Clinical Psychopharmacology	20 and more
Administration and case management	20 and more
Chaplaincy and Pastoral Ministry	10 and more
Pharmacy	20 and more

### Experience Overview:

<b>Counsellor/Therapist</b>	Professional Counsellor in Private Practice, Psychopharmacologist ( <i>Paraklesis Counselling</i> ) Individual, Couples, Marriage Counselling and Online E-therapy.	1994 - 2018
<b>Educator and supervisor</b>	Professor of Counselling Psychology - Providence University. Graduate training and supervision of Masters Counselling Psychology Program student-counsellors. Advisor/supervisor of Doctoral students. Online & Distance Ed.	2002 -2010
	Faculty - South African Theological Seminary (Senior Lecturer) Program Coordinator, Online Education; Accredited Higher Certificate in Counselling and BTh & Honours with a focus on Christian Counselling.	2001 - Present
	Faculty Rand Academic University & AFM Theological Seminary (Johannesburg). Undergraduate and graduate lecturer in Pastoral Care and Community Counselling. Supervisor of Honours/Masters Students	1992 - 1997
	<b>Lecturer:</b> Undergraduate and Graduate (masters and doctoral) lecturer and supervisor in Pastoral Care & Counselling. Presenting workshops on community counselling, AIDS counselling, addiction, abortion, life-skills training, self-worth, assertiveness training, personal growth and development. Outcome-based training, and distance education courses for Community and Lay Counsellors. <ul style="list-style-type: none"> <li>- Paraklesis Counselling Certificate in Lay Counselling</li> <li>- Vision Seminary in Windhoek, Namibia.</li> <li>- Theological Institute in Soshanguve, South Africa.</li> <li>- Rosebank Baptist Theological College.</li> <li>- Academy of Lay Counselling Certificate Training Course</li> <li>- Rand Academic University &amp; College for Open Learning (Johannesburg).</li> </ul>	1994 - 2001 1998 - 2001 1997 - 1999 1997 - 1999 1995 - 1999 1994 - 1998

<b>Administrative and Managerial</b>	Owner Paraklesis Counselling	2010 -
	Chair Counselling Department - Providence University	2006 - 2008
	Vice-President of the International Network of Christian Counsellors	2005-2007
	Executive Board Member - International Association of Christian Counsellors	1992 – 2005
	Founder and President of the Association of Christian Counsellors in South Africa.	1992 – 2001
	Chairperson - the Society for Pentecostal Studies in SA.	1991
	Director and Conference Chairman of the South African ACC Counselling Conferences - main guest speakers: Gary Collins (1996), Everett Worthington (1997), and David Stoop (1999)	1996-1999
	Head of the Logos Institute of Training	1992 – 1997
<b>Chaplaincy</b>	Served as Liaison Chaplain (administrative and managerial position overseeing group of chaplains) in the South African Defence Force. Full member of the healthcare team - providing for the pastoral care and counselling needs of soldiers, patients (general hospital and psyc-ward), and families. Active duty. Rank Chaplain (Colonel)	1982 - 1991
<b>Pastoral Ministry</b>	Ordained as pastor of the Apostolic Faith Mission Church AFM (Evangelical, Trinitarian, Pentecostal Church). Pastored churches, Seconded to Providence Theological Seminary (2002).	1977-1991
	Interim pastor for the Prairie Reformed Church of Canada	2002-2012
	Interim pastor for the United Church of Canada (Deer Park Calgary)	2017
<b>Pharmacist</b>	Registered as a pharmacist (reg nr 5302) with the SA Pharmacy Council. Worked full-time and part-time (locum) in hospital and community pharmacies	1974-2001
<b>Service to community organizations</b>	<p>Member of Boards of Directors CCPA - Alberta/NWT Region</p> <p>Appointed by the minister of education to serve on the Standards Generating Body (Psychology) of the South African Qualifications Board.</p> <p>Served as secretary and chairperson of the pre-primary, primary and high school management boards in Pretoria</p> <p>Served as secretary and chairperson of the primary and high school parents/teachers association in Pretoria</p> <p>Served on the Advisory Committee of the Chaplain General in the SA Defence Force</p> <p>Served on and chaired the committee for Education and Training of the AFM Church</p> <p>Served on the Chaplaincy Committee of the Executive Council of the AFM Church</p> <p>Served on the Board of RAU/COLSA Counselling Course, Rosebank College and The Academy of Counsellors</p>	2012 -2013

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## Language Skills

English	Mother Tongue
Afrikaans	Fluent
Dutch/German	Limited Reading/understanding

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## Teaching Experience

Currently full-time faculty member of the South African Theological Seminary. Senior Lecturer, Program Coordinator & Manager, Online Curriculum & Course Developer, Online course presenter/facilitator of online education counselling courses in the BTh programme (Higher Certificate in Counselling) & Professional Graduate tract.

Professor of Counselling Psychology at Providence University (Theological Seminary) (2002 – 2010) and Chair of the Counselling Department 2006-2008.

Adjunct Professor of Counselling Psychology at the Assemblies of God Theological Seminary (Counselling Program) in Springfield, Missouri and the South African Theological Seminary.

Apart from my administrative duties, I was responsible for the training and supervision of student-counsellors in the Masters in Counselling Psychology programme. I also served on the doctoral studies committee, taught modules in the doctoral program and served as advisor to doctoral students.

I served on the Academic Advisory Board of the South African Theological Seminary and served as advisor for students in the MTh and DTh program.

I am well experienced in the development and presentation of distance and online courses. I use rapid-authoring-tools (Articulate 360 Presenter, Engage and Quizmaker) to create sophisticated training utilizing all types of media skills in using and applying the technology on E-College, Moodle and Blackboard.

### ***Academic Specialization***

I concentrate on **counselling-psychology online training** and teach the following courses:

- Psychopharmacology and the Counsellor: Medicine, Counselling, Health and Healing
- Theories of Counselling and Psychotherapy
- Psychopathology
- Human Development and Counselling
- Crisis and Trauma Counselling
- Abuse and Domestic Violence
- Addictions Counselling
- Ethics and Legal Issues for Counsellors
- Gerontology and Counselling the Terminally Ill
- Counselling Microskills Practicum
- Advanced Counselling Skills Practicum (Internship)
- Integration of Psychology and Spirituality/Theology
- Community Care and Counselling
- Wellness Counselling
- Couples & Marriage and Family Counselling
- Research Design and Methodology

## Bibliography

The following is a selection of some of the articles and research presented/published:

- 2013 Psychopharmacology: Overcoming the Mind-Brain Split - Empowering psychotherapists and counsellors to do pharmacologically informed psychotherapy. Pre-Conference Workshop presented at the Canadian Counselling and Psychotherapy conference (May 14, 2013) in Halifax, Nova Scotia
- 2011 Cheating at Solitaire: The Danger of Self-Deception in Pastoral and Counselling Ministry. *Conspectus Journal* 2011. SATS Johannesburg
- 2010 Truth and Reconciliation in South Africa: A Pentecostal Perspective (Van der Spuy & Mostert) Chapter in the book *Reconciliation, and Restoration: Multidisciplinary Studies from a Pentecostal Perspective* - published 2010.
- 2009 The Role of Community Care and Counselling in Achieving Abundant Life in Post-Apartheid South Africa? Promoting Well-Being by Applying the Principles of Positive Psychology. Paper presented at the Christian Association of Psychological Studies (CAPS) International Conference in Kansas City.
- 2004 Psychopharmacology - Medicine, Health, Healing and Counselling. Paper presented at AACC Summit Conference Atlanta Georgia USA
- 2003 Transitional Cultural Counselling. Presented at the World Congress Nashville, Tennessee, USA. Published in *Didaskalia Journal*
- 1999 Paraklesis Christian Counselling Certificate Courses (Modules 1-6). Published by SATS/Paraklesis: Johannesburg (Module One - What is Christian Counselling?; Module Two - Human Development, Personal and Spiritual Growth; Module Three - Counselling Skills Training; Module Four - Marriage and Family Counselling; Module Five: Psychopathology, Spirituality and Demonization; Module Six: AIDS, Crisis & Trauma, and Community Counselling)
- 1998 AIDS Counselling - a much needed paradigm shift for effective counselling. Presented at a seminar of Religion against AIDS. Published by Paraklesis: Johannesburg
- 1997 Post-Abortion Syndrome: a Christian Counselling Perspective. (Lecture given at the Medical Faculty of the Pretoria University) Paraklesis: Johannesburg. Published in the *South African Baptist Journal* Vol 7, 1998
- 1997 A Paraklesis Model for Christian Counselling - description of the model and an overview of the empirical research on the work of the Holy Spirit in Counselling. Lecture given in the Spirituality, Church, & Pastoral Track at the Dallas World Conference on Christian Counselling. Published by Paraklesis: Johannesburg
- 1997 Christian Counselling in the Post-Apartheid South Africa - the Mandela-era and the Road Forward. Presented for the Professional Issues track at the Dallas World Conference on Christian Counselling. Published by Paraklesis: Johannesburg
- 1997 Choosing a Christian Counselling Programme. *Christian Counselling News*. April 1997, p 1-2
- 1996 Christian Counselling - The possibility of a separate registration category for Pastoral Psychologists. Lecture given at the Psychological Society of South Africa 2nd Annual Congress. University of Witwatersrand
- 1996 Come out of the Closet all ye Christian Counsellors - You can't hide behind a religious mask. *Christian Counselling News*. August 1996, p 1-2
- 1995 *Aanvaar en Herstel in Christus* (Accepted and Restored in Christ). Logos: Johannesburg
- 1995 Conflict Management - a growth model. Lecture given at the Leaders Conference of the Composite Division of the AFM. Paraklesis: Johannesburg
- 1994 Critique of the Liberation Theology of Frank Chichane. Lecture given at the Institute for Contextual Studies: Pretoria: UNISA
- 1993 *Waardevol in Christus* (Significance in Christ). Logos: Johannesburg
- 1993 Pastoral Counselling from a Pneumatological Perspective: a survey within the Apostolic Faith Mission of SA. Doctoral Thesis. Pretoria: UNISA
- 1993 Psychopathology and Demonology. Logos: Johannesburg
- 1992 Logos Evangelization and Discipleship Manual. Logos: Johannesburg
- 1991 Liturgical Development and its implications. Lecture given at the Society for Pentecostal Studies. Pneumatics: Pretoria
- 1986 The Tension between freedom and formality in the liturgical involvement within the AFM of SA. Masters Dissertation. Pretoria: UNISA
- 1985 The Use of Scripture in the Rhema Church. *Forum*, Feb (1), 4-6
- 1992 – 1997 Editor: Logos Institute for Christian Growth Word-School Material
- 1992 – 2001 Editor: *Christian Counselling News*. Official Publication of the ACC in SA